

TIME DOLLARS

Time is something we deal with every day, and something that everyone thinks they understand. However, a compact and robust definition of time has proved to be remarkably tricky and elusive.



Among the many short, snappy definitions of time that have been put forward are:

- What clocks measure (Albert Einstein, Donald Ivey, and others)
- **What prevents everything from happening at once (John Wheeler and others)**
- **A certain period during which something is done (Medical Dictionary)**
- **The indefinite continued progress of existence and events that occur in apparently irreversible succession from the past through the present to the future. (Wikipedia)**

However you define time there is one thing for sure, it is our most precious resource in life. **Without time nothing can happen and because of time anything is possible.** It is a tragedy for such an important subject as time to be misunderstood and undervalued as it is today. With my limited knowledge and help from my Creator, I shall explain the beauty of time as a currency and how we should spend this most precious currency while living in *the now*.



Time is something that cannot be bought; it cannot be wagered with God, and it is not in endless supply, Time is simply how you live your life. Craig Sager

UNDERSTANDING TIME AS CURRENCY

When I speak of time as currency, I **am not** referring to the quote from Ben Franklin that *Time is Money*. Rather I am using the term currency because in our modern life, people are familiar with obtaining, budgeting, and spending the resource of a particular currency like dollars, euros, yen, gold, or other goods traded. Time may

have some similar characteristics to our modern currency, but the points below are what make time the most precious and purest of all currency.

- *Every person gets same amount daily*

Every morning Time credits you with 86,400 seconds. Every living person receives the same amount daily.

- *Time can't be stored....use it or lose it*

Every night Time writes off as lost whatever you have failed to invest to a good purpose. No balance is carried over. No over draft allowed.

- *Each unit of time has equal value everywhere*

A second, minute, or an hour of time is the same anywhere on Earth....whether on land, in air, or at sea.....across borders a unit of time is equal everywhere

- *Time is constant regardless of events and circumstances*

Whether it is the second: after birth, at graduation, or before death....in events of joy or sorrow....in good health or pain....time is constant

- *You can't borrow or trade time with others*

Your time is ALL YOURS. Others time is ALL THEIRS. No exchanges are allowed.

- *You can't work for time....it's a gift*

What deeds you do with your time may enhance or degrade your life, but it cannot give you more or less time. Time is a gift without merit.

- *Time cannot be rushed, halted, stolen, or destroyed*

No need for insurance or locks. No worries about someone speeding up or slowing down your time. Even if you rush or delay, your time won't.

- *Time is printed and regulated by The Creator of time*

The Creator of Time gives each of us "X" amount of time to complete our *purpose* on Earth. We will have sufficient time here to complete our *purpose*.

Unlike our modern day currency that can be hoarded, stolen, burned, traded, inflated, deflated and inherited, the currency of **time is free of worry and it is fair**. The currency of time is applied to everyone equally no matter what your age, size, race, ethnicity, religion, gender, income, politics, education, health....And as we learn this lesson of equality in time currency, we should also learn the knowledge of how to spend the currency of time.



*What we spend our time on is probably the most important decision we make.
Ray Kurzweil*

SPENDING TIME DOLLARS

- *The beauty & ugliness of time is that it can be spent on anything*

Spend time on people and things that you would be happy with at the end of your life. Beware of spending time in the maze that leads to 'nowhere'.

- *Align your spending with God's natural & Spiritual intent*

Sharing your resources with the homeless and needy, visiting the sick, playing with a child, enjoying a nap, giving BIG hugs, watching a sunrise or sunset....

- *Time spent Sharing is life's secret*

You cannot trade or borrow time with someone else, but you can share time with others for as long as you want....you will find the meaning of life in sharing.

- *Spend your time lavishly....be a big spender*

Be a GREAT: kid, brother, sister, teammate, co-worker, coach, teacher, leader, parent, neighbor, friend....Spend BIG IN YOUR LIFE PURPOSE

- *Time spent has a ledger....spend for Creator cash back credit*

We must give an explanation for the use of all our time spent here on Earth. Spend time so that our Creator will be happy that he gave you time to spend.

When spending your precious Time Dollars, ask yourself these questions: are others benefiting from what I am doing with my time? Do I empty my time bank each day? At the end of my life would I be happy with the time dollars I spent? Is my Creator pleased with my actions? If you answer yes to all of these questions, your time bank account is in very good standing and you are on your way to fulfilling your purpose.



There is no need to rush. What is meant for you will always arrive on time.



LIVING IN THE "NOW" TIME

The second that you have right now is the most important second of your life...without it you would not be here...and without it you cannot move forward.

THERE ARE ONLY TWO DAYS IN THE YEAR THAT NOTHING CAN BE DONE. ONE IS CALLED YESTERDAY AND THE OTHER IS CALLED TOMORROW, SO TODAY IS THE RIGHT DAY TO LOVE, BELIEVE, DO AND MOSTLY LIVE.
- Dalai Lama

Nothing ever happened in the past; It happened in the Now.
Nothing will ever happen in the future; It will happen in the Now.
Eckhart Tolle

The very young, the very old, the very poor, and the very sick all have no problem living in the 'now' time. But for most of the rest of us, living in the present moment can be an extreme and unknown challenge. The vast majority of humans spends most of their precious time dollars stuck in past successes and failures or projecting how to make future ideas into reality. Focusing on the past and future is a recipe for missing your life because **all of life's past/present/future events happens in the present moment**.....and if you are not living in the present, you are not living but merely existing. As I struggle with staying in the 'now' time, I try to focus on these few thoughts:

- *You can't control time*



- *Let go of the past...Let the future happen on its own*



THE PAST
is your lesson.
THE PRESENT
is your gift.
THE FUTURE
is your motivation.
QUOTEDIARY.NET

- *Embrace change & let today be your primary focus*



*Be present. Be
in the here and
now. Live your
life in this moment.*

- *Remember the present moments will soon be your past
and are building blocks for your future*



If we are always reflecting on the past or racing to the next moment, what happens to the moment that we have right now? There are **no big and small moments**...ALL moments are equally important. If you remove one second from your life, you would no longer be alive today. **Treasure every moment** that you have! And treasure it more because you shared it with someone special, special enough to spend your time with. We may not have forever to live, but **we have NOW**.... so **enjoy EVERY second** of your time and **spend** your time dollars **lavishly and wisely** and someday others may write about you:

